

**THE
MOUNT SINAI HOSPITAL
SCHOOL OF NURSING**

NEW YORK

48-70

BULLETIN OF INFORMATION



THE MOUNT SINAI HOSPITAL (*View from Central Park*) SCHOOL OF NURSING AT RIGHT



THE MOUNT SINAI HOSPITAL SCHOOL OF NURSING
FRONT VIEW

MOUNT SINAI HOSPITAL SCHOOL OF NURSING

REGISTERED BY THE STATE BOARD OF REGENTS
OF THE STATE OF NEW YORK

ACCREDITED BY THE NATIONAL LEAGUE
OF NURSING EDUCATION



ANNOUNCEMENT

*FIVE EAST NINETY-EIGHTH STREET
NEW YORK CITY*

1948-50



THE SCHOOL OF NURSING
REAR VIEW, SHOWING TENNIS COURTS

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OFFICERS AND DIRECTORS

THE MOUNT SINAI HOSPITAL SCHOOL OF NURSING

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I. C. RUBIN, M.D.

PHYSICIAN TO THE SCHOOL

EMANUEL Z. EPSTEIN, M.D.

DIRECTOR OF THE HOSPITAL

JOSEPH TURNER, M.D.

PRINCIPAL OF THE SCHOOL OF NURSING AND
SUPERINTENDENT OF NURSES

GRACE A. WARMAN, B.S., M.A., R.N.

OFFICERS OF ADMINISTRATION AND INSTRUCTION

GRACE ANNE WARMAN, B.S., M.A., R.N.

Principal, School of Nursing and Superintendent of Nurses

Graduate, Presbyterian Hospital School of Nursing, New York City
B.S., M.A., Teachers College, Columbia University, New York City;
Professional diplomas: Administration in Schools of Nursing and
Administration in Hospitals, Teachers College, Columbia University

MINNIE H. STRUTHERS, B.S., R.N.

Assistant Principal, School of Nursing

Diploma, Oak Hill Normal School, West Virginia
Graduate, The Mount Sinai Hospital School of Nursing
B.S., Teachers College, Columbia University, New York City

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Assistant Superintendent of Nurses

B.A., Pennsylvania State College
Graduate, The Mount Sinai Hospital School of Nursing
M.A., Teachers College, Columbia University, New York City

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Supervisor of Instruction

Diploma, Teachers College, Radford, Virginia
Graduate, The Mount Sinai Hospital School of Nursing
B.S., Teachers College, Columbia University, New York City

SYLVIA M. BARKER, B.S., R.N.

Nursing Arts Instructor

Graduate, The Mount Sinai Hospital School of Nursing
B.S., Teachers College, Columbia University, New York City

BARBARA ANN BENTLEY, B.S., R.N.

Assistant Nursing Arts Instructor

Graduate, Arnot-Ogden Memorial Hospital School of Nursing
B.S., Elmira College, Elmira, New York

OLGA IRENE KRAZINSKI, B.S., R.N.

Science Instructor

Graduate, Arnot-Ogden Memorial Hospital School of Nursing
B.S., Elmira College, Elmira, New York
Graduate Study, Teachers College,
Columbia University, New York City



A CLASS IN MICROBIOLOGY

THELMA FIALKA, B.A., R.N.

Science Instructor

B.A., Hunter College, New York City
Graduate, The Mount Sinai Hospital School of Nursing

DOROTHEA HORTSMANN, B.S.

Instructor in Nutrition and Diet Therapy

B.S., Skidmore College, Saratoga Springs, New York

MARY DUWALL, R.N.

Instructor in Medical Nursing

Graduate, The Mount Sinai Hospital School of Nursing
Certificate Public Health Nursing, George Peabody College,
Nashville, Tennessee

WILMA KJELGAARD BELLER, R.N.

Instructor in Surgical Nursing

Graduate, The Mount Sinai Hospital of Nursing

MARION BOYAN, B.S., R.N.

Instructor in Pediatric Nursing

Graduate, Jersey City Medical Center, New Jersey
B.S., State Teachers College, Jersey City, N. J.
Graduate Study, New York University, New York City

ANITA SAMUELS

Instructor in Physical Education

Graduate, Sargent School, Boston, Mass.
B.S., Boston University, Boston, Mass.

MAY E. SHAMP, B.S., R.N.

Supervisor, Out Patient Department—Instructor in Public Health

Graduate, The Mount Sinai Hospital School of Nursing
B.S., Teachers College, Columbia University, New York City

CORA L. BALL, R.N.

Supervisor, Pediatric Pavilion

Graduate, The Mount Sinai Hospital School of Nursing

PEARL A. BAILIE

Supervisor, Surgical Pavilion

Graduate, The Mount Sinai Hospital School of Nursing

EDITH G. RYAN, R.N.

Supervisor, Semi-Private Pavilion

Graduate, The Mount Sinai Hospital School of Nursing

RUTH GOEBEL, R.N.

Supervisor, Operating Rooms

Graduate, The Mount Sinai Hospital School of Nursing

MATHILDA J. REICH, B.S., R.N.

Supervisor, Medical Pavilion

Graduate, The Mount Sinai Hospital School of Nursing

B.S., Teachers College, Columbia University, New York City

RUTH SPINK, B.S., M.A., R.N.

Supervisor, Night

Graduate, The Mount Sinai Hospital School of Nursing

B.S., M.A., Teachers College, Columbia University, New York City

ISABELLE CODEK, B.S., R.N.

Supervisor, Evening

Graduate, Bishop Memorial Training School, Pittsfield, Massachusetts

B.S., Fordham University, New York City

CATHERINE A. VANCE, R.N.

Supervisor, Private Pavilion

Graduate, The Mount Sinai Hospital School of Nursing

FANNIE LISSAUER MENDELSON, B.S., R.N.

Director, Social Service Department

Graduate, The Mount Sinai Hospital School of Nursing

B.S., Columbia University, Teachers College, New York City

HELEN MORLEY, R.N.

Librarian

Graduate, Henry Ford Hospital School of Nursing, Detroit, Michigan

Certificate, Pratt Institute, Library School, Brooklyn, New York



A PRECLINICAL STUDENT PRACTICING THE TAKING OF TEMPERATURE, PULSE AND RESPIRATION

SPECIAL LECTURERS
TO THE SCHOOL OF NURSING

<i>Dermatology</i>	WILLIAM LEIFER, M.D.
<i>Gynecology</i>	FRANK SPIELMAN, M.D.
<i>Laryngology</i>	JOSEPH L. GOLDMAN, M.D.
<i>Medicine</i>	BENJAMIN ELIASOPH, M.D. MARY C. TYSON, M.D.
<i>Neurology</i>	I. S. FREIMAN, M.D.
<i>Ophthalmology</i>	SYLVAN BLOOMFIELD, M.D. JACOB GOLDSMITH, M.D.
<i>Orthopedics</i>	JOEL HARTLEY, M.D.
<i>Otology</i>	SAMUEL ROSEN, M.D.
<i>Pathology</i>	HILLIARD COHEN, M.D.
<i>Pediatrics</i> <i>Including Contagion</i>	HERMAN ANFANGER, M.D. SIDNEY BLUMENTHAL, M.D. GEORGE GINANDES, M.D. RALPH MOLOSHOK, M.D.
<i>Physical Medicine</i>	A. W. SCHENKER, M.D.
<i>Psychosomatic</i> <i>Medicine</i>	M. RALPH KAUFMAN, M.D. AND STAFF
<i>Public Health</i>	LEO TOBIAS, M.D.
<i>Social Problems</i>	FANNIE L. MENDELSON, B.S. AND STAFF
<i>Surgery</i>	GABRIEL P. SELEY, M.D.

HISTORY AND GENERAL STATEMENT

OF the eighteen buildings now occupied by the Hospital, three are devoted to out-patient work in which at times more than one thousand out-patients are cared for daily. The completion of the Semi-Private Pavilion in 1931 increased the bed capacity of the Hospital to more than eight hundred. The Children's Pavilion, Private Pavilion, and Semi-Private Pavilion rate among the most perfectly appointed of hospital buildings. These, with the Out-Patient and Social Service Departments, add to the rich and varied clinical material of the wards, all of which is available for the education of the student nurse.

The present plant represents more than ninety years of growth since the original Mount Sinai Hospital was organized and incorporated in 1852 for "benevolent, charitable and scientific purposes." Its first building was a small private dwelling on 28th Street, between Seventh and Eighth Avenues, and accommodated twenty-eight patients. In 1871 the institution was moved to Lexington Avenue, between 67th and 68th Streets, where in a new and larger building two hundred patients were accommodated.

In 1904 the Hospital took possession of its present plant, consisting of ten connected buildings covering the entire block between 100th and 101st Streets on Fifth Avenue fronting Central Park. These buildings with a capacity of five hundred patients, soon proved inadequate. The Hospital accordingly acquired additional adjoining property and on this new site the erection of seven buildings was begun in 1914. Construction was suspended during the first world war after the completion of four of these buildings, but was resumed in 1919 and in the Spring of 1922 the Hospital opened its Private Pavilion, Children's Pavilion, and Auditorium.

In 1923 and 1924 the Hospital acquired additional land fronting on Fifth Avenue, and on part of the property erected an entirely new School of Nursing devoted exclusively to nursing education and a residence for nurses.

The Mount Sinai Hospital is a voluntary non-profit-making general hospital of approximately 850 beds. It is approved by the American



A CLASS IN THE CHEMISTRY LABORATORY

College of Surgeons as a hospital and also approved by it and the American Medical Association for the education of interns and residents. It is also approved by the University of the State of New York (the Educational Department of the State) and chartered by the State of New York in the Hospital's certificate of incorporation "to engage in all of the activities of an educational institution in the field of medicine, including the giving of medical, surgical and nursing instruction, the conducting of courses for both undergraduate and post-graduate students in conjunction with medical colleges, the carrying on of scientific and research activities, the employment of instructors in the various fields of medicine and the purchase of all necessary equipment in connection therewith."

THE SCHOOL OF NURSING

ALTHOUGH affiliated in every respect with the Hospital, The Mount Sinai Hospital School of Nursing is a separate organization and corporation, with its own officers and board of directors. Since its establishment in 1881 it has grown steadily and now is one of the largest and best known schools of nursing in the country.

Now, after sixty-five years, the school has graduated approximately three thousand nurses. In 1905, in accordance with the New York State law enacted that year, the school was registered by the Board of Regents of the State of New York. In 1941 it was accredited by the National League of Nursing Education.

The aim of the School of Nursing is to select young women who have aptitude for nursing and help them to develop into capable, conscientious nurses, ready to give their best service to society, and at the same time achieve an optimum of self-realization.

It is the desire of the School to maintain a standard commensurate with the unusual opportunities it has to offer, and to assist in meeting the demand of the public for a complete and well-rounded education for nurses. It is now clearly recognized that properly prepared nurses are an essential factor in the effort of society to deal with important health and social problems.



LETTERS FROM HOME

RESIDENCE

The school and residence building is one of the finest and most complete units of its kind in the world. The corridor connecting the Main Hospital and the Nurses' Residence is beautifully tiled, well-lighted and heated, and terminates in a spacious lobby facing the passenger elevators. On the corridor level are located the linen and store rooms, trunk room, nurses' laundry, nurses' sewing room, and shampoo room. On the ground floor are found the kitchen and six dining rooms. The kitchen is fully equipped and entirely independent so that the Nurses' Residence does not depend on service from the main hospital kitchen.

The street entrance opens on a foyer finished in French stone. Immediately adjoining the lobby is a reception alcove and opposite this an information desk and office with telephone switchboard, post office, and buzzer signals to each room. From this foyer marble corridors lead to a library, lounge, and small reception rooms.

On the first floor in the center of the building there is a large hall for informal recreation, dancing, school theatricals, and public affairs; this hall is large enough to seat approximately four hundred persons, and has a curtained stage and two small dressing rooms.

An up-to-date fiction library of over fifteen hundred volumes, together with a supply of current magazines and daily papers, is open at all hours to the students of the School. The bed-room floors, the third to the eleventh inclusive, are designed for student nurses. A few of the larger rooms are equipped for double occupancy, but approximately eighty per cent of the capacity of the home is in single rooms. For each nurse there is a built-in wardrobe closet with a section for hanging clothes and an adjoining section containing shelves and sliding drawers. There is a wash basin, medicine cabinet, and long mirror in each room. Each bed-room floor has an informal sitting room for general use and a kitchenette.

The fourteenth floor is divided into three separate parts. Over the west wing there is a completely equipped infirmary, with accommodations for twelve nurses. Surmounting the center portion of the building is a gymnasium, appropriately designed, with a high ceiling and with huge windows to north and south. The east wing of the roof includes covered and uncovered sections from which one may look down on Central Park and across the Hudson to the Palisades, or across the East River to Long Island Sound.



BEDSIDE CONFERENCES ARE PART OF THE WARD TEACHING PROGRAM

EDUCATIONAL FACILITIES

Unusual facilities for instruction are available for students of the nursing school. The entire second floor of the Nurses Residence is devoted entirely to a complete teaching unit. The offices of the instructors are located on this floor. The area of the principal classroom floor is 12,000 square feet. This is exclusive of the large assembly hall, and of the classrooms of the department of nutrition which are in the hospital proper, adjoining the Special Diet Kitchen. There are four general class or lecture rooms, the largest of which can seat 150 students. The nursing arts laboratory is of equal size, and is completely equipped for teaching nursing procedures to students; the science laboratories are well equipped, spacious and airy.

There is an up-to-date reference library containing over one thousand well selected volumes. The library is under the supervision of a trained librarian.

The nutrition department, also modern and well equipped, comprises a large science or cookery classroom, a general classroom, a diet kitchen, and a dietitian's office.

The educational department is furnished throughout with the latest and most scientific equipment. Every opportunity and encouragement is given the student nurse to prepare herself to be a worthy representative of the nursing profession.

It is of the greatest importance to every school of nursing that the hospital with which it is associated shall be in a position to afford the fullest opportunity for comprehensive and thorough nursing education. The Mount Sinai Hospital, with its more than eight hundred beds, offers exceptional advantages in every respect to students of the School of Nursing. Students who enroll for the course are assured of excellent and varied clinical experience in medicine, surgery, pediatrics, gynecology and neurology — in addition to the Out-Patient Department and other special services. Each student nurse receives theoretical and practical experience in obstetrics by affiliation with the Sloane Hospital for Women, one of the units of the Columbia-Presbyterian Hospital Medical Center. Through affiliation the opportunity is provided for theoretical and practical experience in psychiatric nursing at the Westchester Division of the New York Hospital, White Plains, N. Y., and Creedmoor State Hospital, Queens Village, L. I., N. Y.



STUDENTS ENJOY GROUP SINGING



BASKETBALL PRACTICE IN THE GYMNASIUM

EXTRA-CURRICULAR ACTIVITIES

THE School supports a complete department of physical education under a special instructor and assistants, as a means of offering broader education to students of nursing in opportunities for intelligent self-direction toward a richer, fuller life. The program includes instruction in the fundamentals of good body mechanics, modern folk, tap, and social dancing, and such sports as swimming, tennis, badminton, basketball, volleyball, shuffleboard, ping pong, and other games.

The facilities for the program include a spacious, well equipped gymnasium with a roof extending from it, on the fourteenth floor of the Residence, and two tennis courts on the premises are available for the use of the students.

A Trustee of the School has established a "Pleasure Fund," the income of which is used for the entertainment of the students. Dances are given during the year to which the nurses have the privilege of inviting their friends. The commencement exercises are followed by a reception and dance given in honor of the graduating class.

All students in the School are members of the Student Association, which has many committees assisting with the welfare and social activities of the students. The executive group of this Association is known as the Student Council which operates in cooperation with faculty advisors.

The Student Council consists of the officers of the Association, the class presidents and two elected representatives from each class. Office in this organization is determined upon the basis of the student's standing in the School.

The instructor of physical education, the faculty advisors and officers of the Student Association work together to provide an interesting recreational program for the students. The various committees are active in providing opportunities to take part in social, sports, musical and dramatic events. Students find enjoyment in such activities as picnics, hobbies, participation in the School Glee Club, etc. Student leadership is encouraged by active participation in the work of the Association.

HEALTH REGULATIONS AND HEALTH SERVICE

THE health of the student nurses is one of the chief concerns of those in charge of the School. All applicants must present a record of good health and a certificate showing successful vaccination against smallpox within three months before admission to the School. A physical examination is given by the School physician when the applicant reports to begin her course in nursing education. A chest X-ray is taken at this time and this is repeated at the time of the annual physical examinations.

Vaccination against typhoid is given to all students after admittance to the school. Schick and Dick tests, with immunization for positive reaction to the Schick test, will be required of all students after admission to the school. Tuberculin tests will be given during the pre-clinical period and for those who are negative will be repeated at regular intervals.

The students' feet are examined by an orthopedic surgeon who prescribes the type of shoes to be worn. Since this examination is made within a few days after the admission of students, candidates are advised to postpone buying shoes for use while on duty until after their arrival at the School.

Special attention is given to the matter of normal weight and a monthly weight record is kept of all students. Any deviation from normal weight is given careful consideration.

The School of Nursing maintains a health service for its students. A well equipped infirmary with necessary staff, is provided in the Nurses' Residence. All students when ill are cared for by the physician to the School, who is a member of the staff of the hospital. For illness of short duration the expense of medical attention given the student is taken care of by the School. Students are expected to meet the expenses of dental care, and fitting of glasses if needed during their course.

Generous provision has also been made for the care during illness of nurses who have graduated from The Mount Sinai Hospital School of Nursing. This includes a room in the hospital endowed for their use.

GENERAL INFORMATION

NOTICE: The information given below is merely for applicant and student guidance. Full power of amendment and addition from time to time is reserved to the School, which cannot regard the following statements as formally binding.

Requirements for Admission

APPPLICANTS seeking admission to professional schools in New York State must obtain from the State Education Department a qualifying certificate.

To obtain a nurse student qualifying certificate for admission to a registered school of nursing the applicant must present evidence of graduation from a four-year, sixteen unit, general academic course, or its equivalent, in a secondary school accredited or approved by the New York State Education Department.

The high school course of study as prescribed by the New York State Education Department includes:

	UNITS
1. English, four years	4
2. Science, two years: one year of biology and one year of chemistry	2
3. Social studies, two years	2
4. Mathematics, one year	1 9
5. Seven units in any elective subjects (exclusive of physical education) taught in a secondary school, but not more than four units to be chosen in any one subject field	7 7
Total Units	16

Selection of applicants is confined to those who rank in the upper half of their high school class. Preference is given to those who rank in the upper third of their class, or have college preparation.

Applicants desiring to apply for admission to the School should be between the ages of 18 and 30 years, and must present proof satisfactory to the School of physical and personal fitness. The applicant must pass such physical examinations as may be prescribed by the School. Physical and personal fitness of which the school shall be the judge are conditions of admission.

A candidate wishing to enter the School of Nursing should apply by letter or in person. Whenever possible a personal interview with



THE FICTION LIBRARY

applicant is desired. Appointments to meet the Principal of the School may be made either by letter or by telephone.

All candidates are required to make formal application in writing on the blanks furnished by the School. The application must be accompanied by these additional papers:

1. Personal letter, giving brief autobiographical sketch, with emphasis on educational advantages and special interests.
2. Two letters of recommendation satisfactory to the School from persons other than relatives, who have known the applicant for some time and can testify to her good character and qualifications for the profession of nursing.
3. A certificate of health (blank furnished by the School), based on physical examination by the applicant's own physician, and testifying to sound health and absence of physical handicaps.
A dental certificate (blank furnished by the School).
4. Copy of high school and college records (blanks furnished by the School) ~~and qualifying certificate from the State Education Department.~~
5. A passport photograph, unmounted. Snapshots are not acceptable.

Applicants are required to take an aptitude test given by the Testing Service Division for Schools of Nursing of the Psychological Corporation. A card of application for admission to this examination will be forwarded to the applicant, with the necessary instructions, after the Committee on Admissions have evaluated her credentials.

No decision can be reached regarding the eligibility of any student until all required credentials have been completed and forwarded to the School. Those candidates who appear to the School to be best qualified are given preference in admission.

Detailed information concerning uniforms and other necessary equipment is forwarded to applicants after they are accepted for admission.

Citizenship Requirement

The Education Law relating to the practice of nursing requires that every person admitted to the examinations for license as a registered nurse must submit evidence that she is a citizen of the United States, or that she has declared her intention of becoming a citizen.

Loan Fund

A student loan fund may be drawn upon by any nurse with a satisfactory school standing who should need financial assistance during her nursing course.



THE LOUNGE IS A FAVORITE GATHERING PLACE

Religion

The School is non-sectarian and has no formal connection with any particular denomination. The students are encouraged to attend the churches with which they have been previously affiliated. Notices of church services of all denominations throughout the city are posted on the School bulletin board.

Monthly Stipend

Students will receive a stipend of \$8.00 per month following the preliminary period.

Expenses

Fees and other expenses which must be met by the student are as follows:

~~Before the student enters the school there is a fee of \$2.25 paid to the University of the State of New York for the evaluation of the high school record and \$5.00 is paid to the Psychological Corporation for the aptitude test.~~

The registration and entrance fee is \$100.00, payable before admission. Check should be made payable to the Mount Sinai Hospital School of Nursing.

A gymnasium fee of \$5.00, payable before entrance, is required of all students.

A deposit of \$1.50 is required of all students for keys furnished to them for room, wardrobe, and post-box. This deposit will be returned to the student when the keys are turned in to the information desk of the Nurses' Residence.

Students living any considerable distance from the School are required to deposit the amount of their return carfare upon arrival. This deposit is returned to the student at any time during the first year should she sever her connection with the School, otherwise it will be returned when she is granted her first year's vacation.

55. The student purchases the preclinical uniforms which cost approximately ~~\$12.00~~. After the successful completion of the preclinical period the school uniform is given to the student.

Room, board, laundry and text books are provided without charge throughout the course. All equipment supplied by the school remains the property of the school and is to be returned should a student resign.



A STUDENT BEDROOM

Length of Course

The course of theoretical and practical instruction covers a period of three years.

Entrance of Classes

Classes are admitted twice during the year, in February and in September. Candidates are expected to report promptly on the date assigned.

Hours of Duty

During the preclinical term the student is engaged in intensive study, with short periods of formal practice in the hospital under the direct supervision of the instructors in nursing arts. During the entire course the students have a 44-hour weekly schedule, which includes classes.

Vacations and Other Absences

Nine weeks of vacation are granted during the three year course on the basis of three weeks each year at dates agreeable to the school.

Seven days are allowed annually for illness. Any time lost beyond one week per year must be made up.

Students will not be excused during the course to nurse relatives at home or for other personal reasons. In the event that a student is obliged to be away from the School for a period exceeding four weeks, the date of her return and her class standing at that time will be determined by the Principal of the School.

Withdrawal

The School reserves sole discretion concerning the student's fitness to continue connection with it, and the right at any time to require the student's withdrawal for reasons which it deems sufficient.

Requirements of Scholarship for Promotion and for Graduation

Examinations, written, oral, and practical, are held during and at the end of the course in each subject. Comprehensive examinations of all subjects covered are given at the end of the first and second

year. Upon the successful completion of these examinations and satisfactory practice of nursing, the students are recommended for promotion. The passing grade of the School is 75%, in each subject which is the same as the passing grade required by the Regents of the State Education Department. Students who fail to maintain a general average of 80%, cannot be considered as meeting desired scholarship requirements. The diploma and pin of The Mount Sinai Hospital School of Nursing will be conferred upon those students who have satisfactorily completed the course in theory and practice of nursing.

State Registration

The School is registered with the Board of Regents of the University of the State of New York which enables its graduates to take the examinations in order to become registered professional nurses of the State of New York. Graduates of the School may also become registered in other states.

College Credit

Many colleges and universities give advanced standing (from one to one and a half years credit toward a Bachelor of Science degree in Nursing Education) to well qualified graduates who wish to prepare themselves for special fields of nursing such as supervision, teaching, administration and public health.

Directions for Reaching School

Applicants who wish to apply in person, but who are not familiar with the city, can reach the School or Hospital by means of the Fifth Avenue Buses (Nos. 2, 3, or 4), or the Madison Avenue Buses.

All baggage should be plainly addressed with name in full, care of The Mount Sinai Hospital School of Nursing, 5 East 98th Street, New York City, and should be sent prepaid.

SCHOLARSHIPS AND SPECIAL ENDOWMENT FUNDS

THE School of Nursing is unique in its possession of special endowment funds, the interest of which is used for the benefit of the student nurses. In all, these funds represent a capital of about one hundred and seventy thousand dollars, and they indicate in a most impressive manner the active interest taken in the School by the Board of Directors and its friends.

Albert W. Scholle Memorial Fund \$40,000.00

Founded by William and Frederic Scholle as a tribute to the memory of their father, to provide a vacation and recreation fund for The Mount Sinai Hospital student nurses.

*Estelle and Hugo Blumenthal Scholarship and
Graduation Fund* \$35,000.00

Founded by Estelle and Hugo Blumenthal to provide an annual scholarship to the student of the graduating class chosen for special fitness to advance in the profession of nursing by taking courses at Teachers' College, Columbia University. This fund also provides an award to each graduating student.

Emil Berolzheimer Memorial Fund \$20,000.00

Founded by Mrs. Emil Berolzheimer in memory of her husband, Emil Berolzheimer. The income to be used for higher education of students.

Murry Guggenheim Scholarship Fund \$20,000.00

Established in 1905 to provide annually twelve scholarship awards, of \$100. each to students who have shown exceptional ability during the year. Eight of these scholarships are awarded to the senior class, and four to the intermediate class. The Fund is administered by the Board of the School, but the selection of the students to whom prizes are awarded is in charge of the Principal of the School and her staff.

Jacques D. Wimpfheimer Memorial Fund \$10,000.00

Founded by Charles Wimpfheimer in memory of his son, Jacques D. Wimpfheimer. Any student requiring financial assistance during her course may call upon this fund.

Lillie Stern Scholle Pleasure Fund \$9,000.00

Founded by Albert W. Scholle. The income to be used largely to defray the expenses of parties, dances, and social gatherings of the students.

Mr. and Mrs. Sam S. Steiner Fund \$5,000.00

Founded by Mr. and Mrs. Sam S. Steiner in memory of their beloved son, William J. H. Steiner. The income to be used for the relief of needy graduates of the School.



THE CAFETERIA



THE DINING ROOM

Carrie M. and Gustav Blumenthal Graduating

Prize Fund \$5,000.00

Established by provision in the will of Gustav Blumenthal; income to be distributed annually as a prize or prizes among the graduating class in such manner as the Directors may from time to time deem advisable.

Kalman and Harriet F. Haas Fund \$3,000.00

Founded by Kalman Haas. The income to be used for the general purposes of the School.

Carrie Untermeyer Fund \$2,600.00

Founded by Mrs. Carrie Untermeyer. To establish an award of \$100. annually to the student graduating who has the best record for kindness and proficiency in bedside nursing.

Solomon and Betty Loeb Fund \$2,500.00

Founded by Solomon Loeb. Income to provide annual prizes to students.

Education Fund \$2,500.00

Founded by Mrs. Berthold Levi in memory of Berthold Levi. The income to be used for higher education of students.

Mr. and Mrs. Morris Fatman Relief Fund for

Graduate Nurses \$2,500.00

Founded by Mr. and Mrs. Morris Fatman; income to be used for the relief of graduate nurses.

Charles A. Wimpfheimer Special Relief Fund \$2,500.00

Established by Charles A. Wimpfheimer in order to give emergency relief or temporary assistance to graduates of the School.

Eugene Meyer, Jr. Library Fund \$2,000.00

Founded by Eugene Meyer, Jr. The income to be used to supply books and magazines for the School library.

Amy C. and Fred H. Greenebaum Fund \$2,000.00

Established by Mr. and Mrs. Fred H. Greenebaum. Income to be used for an annual award to the most deserving student nurse in any class.

Daniel Kops Prize Fund \$2,000.00

Founded by the Employees of the House of Kops in memory of Daniel Kops. The income to be applied to the awarding of a prize to the nurse who holds the best record for bedside nursing and kindness to patients.

Isabella Freedman Fund \$1,500.00

Established by Mrs. Isabella Freedman. The income to be used for one or two awards to students in the graduating class who have shown marked ability, proficiency, and interest in their work.

PLAN OF INSTRUCTION

The course of instruction covers a period of three calendar years. Each year is divided into four terms devoted to classes and clinical practice and a period of three weeks vacation.

First Year

Preclinical Period

The first twenty-one weeks constitute the preclinical course, which is a period of intensive instruction and study, and also a time of adjustment. During this time the students are given instruction in the principles and techniques of nursing practice, together with the fundamental sciences essential to an understanding of nursing. At the beginning of the eighth week students are assigned for short periods to the hospital wards, in order that they may practice, under the instructors' supervision, the procedures taught in the classroom. The average weekly schedule for this term includes approximately thirty hours of classroom and laboratory instruction, physical education, and supervised practice on the hospital wards. At the conclusion of this term students who have demonstrated their ability and show promise of further development are advanced to the next term.

Clinical Period

Following the successful completion of the preclinical term, the students enter the clinical period. During the first three months, they are assigned to the medical and surgical wards and concurrently they receive instruction in medical and surgical nursing, diet therapy, introduction to medical science and sociology. The next two months they receive clinical practice in the medical and surgical specialties during which time they are given classes in dermatology, gynecology, orthopedics, eye, ear, nose and throat. Following these two periods the students are assigned to the diet therapy laboratory and vacation of three weeks.

Second Year

The four terms of the second year are devoted to classes and practice in the operating room, obstetrics, pediatrics, out-patient department, and advanced medical and surgical nursing. The students receive their instruction and experience in obstetric nursing at Sloane Hospital, Columbia-Presbyterian Medical Center. Three weeks vacation is received near the end of this period.

Third Year

The third year program includes instruction and experience in nursing in neurology, emergency, psychosomatic medicine, psychiatry and advanced medicine, surgery, and specialties. The classes and experience in psychiatric nursing are received at the Westchester Division of New York Hospital or Creedmoor State Hospital. Three weeks vacation is given before the last term of this year.

CURRICULUM CONTENT**First Year**

<i>Preclinical Period</i>	<i>Hours</i>
Anatomy and Physiology	105
Microbiology	30
Chemistry	60
Pharmacology and Therapeutics	50
Nutrition, Foods and Cookery	45
Nursing Principles and Practice	160
Professional Adjustment; I	15
Psychology	15
Physical Education	30
Total	510

<i>Clinical Period</i>	<i>Hours*</i>
Social and Economic Aspects of Health and Disease	30*
Introduction to Medical Science	15
Diet Therapy	60
Medical and Surgical Nursing	250
Medical Nursing	85
Surgical Nursing	75
Dermatology	15
Eye, Ear, Nose and Throat	25
Gynecology	30
Orthopedics	20
Total	355



THE PROFESSIONAL LIBRARY

Second Year

	<i>Hours</i>
Medical and Surgical Nursing	10
Operating Room Techniques	45
Obstetric Nursing	45
Pediatric Nursing (including communicable diseases, child development, and guidance)	105
Family and Community Health	20
Total	225

Third Year

	<i>Hours</i>
Family and Community Health	10
Medical and Surgical Nursing	40
History of Nursing	15
Professional Adjustments II	15
Neurology	45
Psychiatric Nursing	90-100
Psychosomatic Nursing	15
Total	230

Clinical Experience

	<i>Weeks</i>
Preclinical period	21
Medical Service	16-17
Surgical Service	15-16
Gynecology Service	4
Orthopedic Service	3-4
Eye, Ear, Nose and Throat Service	3
Diet Kitchen Service	5
Operating Room Service	8
Pediatric Service	12-13
Obstetrics (Sloane Hospital for Women, Medical Center, Columbia-Presbyterian)	12
Private and Semi-Private Service	6-8
Out-Patient Department Service	8
Psychiatry (Westchester Division, New York Hospital, or Creedmor State Hospital)	12
Neurology	6
Psychosomatic Nursing	6
Emergency Nursing Service	3-4
Vacation	9
Total	156

SUMMARY

	<i>Class Room Instruction</i>	<i>Planned Ward Instruction</i>	<i>Practice (Approx.)</i>	<i>Total Hours</i>
First Year	750	115	1028	1893
Second Year	130	95	1933	2158
Third Year	125	105	1928	2158
Total	1005	315	4889	6209

DESCRIPTION OF COURSES

Anatomy and Physiology

In this course the student learns about the microscopic and gross structure of the human body; acquires an appreciation of the complex nature of her own body and how daily hygienic habits influence her own health; and gains an understanding of the principles of physiology which form the basis for subsequent courses related to nursing.

Frog and fresh animal specimens used for dissection.

Lectures, demonstrations, class discussions and laboratory . . . 105 Hours

Microbiology

This course gives information about microorganisms and the part they play in disease production. Emphasis is placed on the nurse's role in prevention and control of disease through an understanding of the principles of microbiology. Modern concepts of immunization are included in the study.

Lectures, class discussions and laboratory . . . 30 Hours

Chemistry

The content of this course is carefully selected from the fields of general, organic, and physiological chemistry, the selection based on the needs of nursing students and closely related to physiology, microbiology, nutrition, and other nursing subjects.

Lectures, demonstrations, class discussions and laboratory . . . 60 Hours

Pharmacology and Therapeutics

The study of drugs from the standpoint of their therapeutic action, mathematics of pharmacology, the accurate and intelligent administration of medicine, and observation and report of results. Every effort is made to furnish the nurse with sufficient knowledge about the therapeutic action of drugs to enable her to cooperate with the physician in securing desired results and to familiarize her with toxic symptoms and doses of drugs.

Lectures, class discussions, demonstrations of drugs and
individual supervision of administration of drugs . . . 50 Hours

Nutrition, Foods and Cookery

Designed to teach the student the principles of nutrition and preparation of food as they apply to herself, her patient, the family; to give her an understanding of the basic principles involved and their application in promoting growth and maintaining health in the feeding of normal people.

Lectures, class discussions and laboratory . . . 45 Hours

Nursing Principles and Practice

This course is intended to develop a sound understanding of the scientific principles underlying all nursing procedure, to aid in their application, to stimulate a sympathetic interest in the patient, to develop manual dexterity, and to establish intelligent ability to deal with all nursing duties or problems.

Instruction in the principles and practice of nursing begins in the preclinical course and extends in various forms, both in the classroom and in careful supervised practice on the wards, throughout the entire three years.

Lectures, demonstrations, class discussions and laboratory . . . 160 Hours

Professional Adjustments I

A general consideration of fundamental ethical and philosophical principles and their application to problems which arise in the practice of nursing. The course helps the student adjust to her new environment and enables her to realize better her obligations to associates, patients, physicians, to the School, and to the community which she will serve.

Lectures and class discussions 15 Hours

Psychology

An elementary course which aims to give the student an insight into human behavior and the principles involved in habit formation and personality adjustment, that she may develop better control of her own personal and professional relationships and a deeper sympathy and understanding of her patient in his adjustment to illness.

Lectures and class discussions 15 Hours

Physical Education

The aim of the course is to provide opportunities in physical activities to meet individual needs and interests. Special emphasis is given to corrective exercises. Activities offered for class work and recreation are: dancing, swimming, tennis, gymnasium games such as basketball, volley ball, badminton, ping pong, etc.

30 Hours

Social and Economic Aspects of Health and Disease

A study of social situations; the family, community and economic factors as they apply to nursing with emphasis on the patient as an individual conditioned by psychological and cultural influences. The course also gives the student an appreciation of the social and economic implications of illness and how adjustments are made to facilitate recovery.

Lectures, class discussions and reports 30 Hours

Introduction to Medical Science

A course in elementary pathology dealing with the various changes which take place in the body as the result of disease, and emphasizing the importance of the measures most frequently used in clinical diagnosis.

Lectures, class discussions and trips to Pathological Museum . . . 15 Hours



NURSING ARTS DEMONSTRATION TO A GROUP OF PRECLINICAL STUDENTS

Diet Therapy

This course aims to give the student an appreciation of the importance of dietary modifications in the treatment of disease; to prepare her so that she may apply these principles in the necessary modifications of the normal diet; to give her practice in preparing and serving food in such a way as to secure maximum results from dietary treatment.

Lectures, class discussions and laboratory 60 Hours

Medical and Surgical Nursing

This is an integrated course studying the methods and principles of medical and surgical nursing and their allied specialties. Each condition is covered from the standpoint of causes, preventive measures, incidence, underlying pathology, symptoms, treatment, complications and prognosis. Special adaptations of procedures already learned and demonstrations of the more advanced nursing techniques commonly used in these conditions are included.

Lectures, ward clinics, discussions and demonstrations . . . 300 Hours

Operating Room Techniques

This course provides for an understanding of the principles of operative aseptic technique, the use of operating room equipment, the preparation of the patient for anesthesia and operation; and aims to develop skill and intelligent response in assisting the surgeon during operations and emergencies.

Lectures and demonstrations 45 Hours

Obstetric Nursing

The course deals with normal and pathological pregnancy, the management of normal and abnormal labor, and the necessary care during the normal and abnormal puerperium. The course prepares the student to advise and instruct mothers in the care of their own health before and after child-birth and teaches them to adapt hospital procedures to the home. It is given at the Sloane Hospital for Women.

Lectures, clinics by obstetrician, classes and demonstrations
in maternity wards, delivery rooms, and nurseries . . . 45 Hours

Pediatric Nursing (including communicable diseases)

This course deals with normal growth and development, infant and child nutrition, and the diseases of infancy and childhood, including communicable diseases, with special emphasis on the nursing care and preventive treatment. The child is also studied as an individual, a member of the family and community from the standpoint of normal physical, mental, and social development.

Lectures, ward clinics, discussions and demonstrations . . . 105 Hours

Family and Community Health

Designed to give the student an appreciation of the local, state, and national health services for the control of community infections and how they may be used for family health, and of the community resources that may be called upon to aid the hospital in restoring the patient to health. Orientation to the work of the Out-Patient Department is included.

Lectures, bulletin board displays and discussions 30 Hours

The Clinical Instructor



WARD INSTRUCTION IN PEDIATRIC NURSING



The Doctor

History of Nursing

A survey of the history of nursing tracing its development from the earliest beginnings to the present, and its progress under religious, military, and secular influences. The course is designed to give the student a fuller appreciation and helpful inspiration by familiarizing her with the traditions and ideals of those leaders who have devoted their lives to nursing.

Lectures, lantern slides and discussions 15 Hours

Professional Adjustments II

The object of this course is to introduce the student to the varied branches of nursing through a general survey of the profession in order that she may select with greater intelligence the particular field in which she is likely to find the greatest interest and success; to give her knowledge of the nursing organizations, the results of recent surveys of the nursing profession, and an opportunity to learn the trends and advances in the profession.

Lectures, class discussions and reports 15 Hours

Neurological Nursing

This course deals with the mental and physical aspects of the neurological and neurosurgical patient. The student studies and learns to recognize the symptoms, treatment, and prevention of possible sequelae of neurological disorders; and gains an understanding and poise in meeting the needs of these patients.

Lectures, ward clinics, discussions and demonstrations . . . 45 Hours

Psychiatric Nursing

This course is designed to acquaint the student with psychopathic conditions and to give an understanding of the basic principles in the nursing care of personality disorders and the nursing procedures used in their treatment. Emphasis is placed upon the relationship between physical and mental diseases; principles of prevention; and variations in nursing procedures in caring for mentally ill patients. Students have an opportunity for observation and practice of the special therapies used in treatment of these patients. This course is given at the New York Hospital, Westchester Division and Creedmoor State Hospital.

Lectures, ward clinics, case presentations, conferences and

demonstrations 90-100 Hours

Psychosomatic Nursing

This course deals with the psychological aspects of medical problems with special emphasis on the interrelationship between somatic and psychic factors that lead to disfunction within the human organism.

Lectures, class discussions and demonstrations 15 Hours

OPPORTUNITIES IN NURSING

THE study of nursing broadens the education of the individual and makes her a more valuable member of her community. During the course the student gains a knowledge of life, of health, and of the prevention of disease. a richer understanding of human nature.

Such education is an excellent preparation for the woman who may some day be responsible for the administration of her own home and for bringing up her children.

In no other line of work for women in the world is there greater opportunity from which to choose. The opportunities may be grouped under five main categories:

- Private duty nursing.*
- Institutional nursing—General duty nursing.*
- Executive nursing work in hospitals.*
- Public health nursing.*
- Federal nursing services.*
- Nursing in other special fields.*

To the graduate registered nurse who has exceptional ability and is willing to continue her education, broad and interesting opportunities are presented in the field of executive work. Some possible positions are enumerated:

- Dean, Director or Principal of Schools of Nursing.*
- Superintendent of Nurses.*
- Supervisor of Instruction.*
- Superintendent of Hospitals.*
- Supervisor of Special Departments.*
- Head Nurse of Special Departments.*
- Instructor in Sciences in Schools of Nursing.*
- Instructor in Nursing Arts in Schools of Nursing.*
- Social Service Worker.*
- Social Director in Schools of Nursing.*

Among Public Health opportunities are:

- Settlement or District Nursing.*
- Infant and Child Welfare Work.*
- Industrial Nursing.*
- Rural or Community Nursing.*
- School Nursing.*
- State and Municipal Health Department Nursing.*

Other attractive special fields are:

Red Cross Nursing.

Federal Nursing Services.

Missionary Nursing.

Work as Resident Nurse—School or College.

Work in Doctor's Office.

ALUMNAE ASSOCIATION

THE Mount Sinai Hospital Alumnae Association was organized in 1893. It has a three-fold object: to promote fellowship among its members, to improve the professional work of the graduates, and to care for the members when ill.

After many years of successful existence the Association has a membership of over nine hundred. Meetings are held monthly during nine months of the year, in the Nurses' Residence.

The Association is affiliated with the County and State organizations, as well as with the American Nurses' Association.

Through the generosity of friends of the School, a comfortable room known as the "Alumnae Room" has been endowed in the hospital, where graduates of the School may have the advantage of skilled medical and nursing care.

The Association publishes a monthly bulletin containing the minutes of each meeting, items of interest to the graduates, and special medical and surgical articles.

The Association desires to interest the student nurse in Alumnae affairs from the beginning of her course to the time of her graduation. The members realize that only in this way can its ranks be strengthened and the scope of its work broadened.

SPECIAL ADVICE TO CANDIDATES

CANDIDATES should select most carefully the school in which they desire to study. They should always seek to enter the best school to which their qualifications entitle them.

The good schools are those which offer varied opportunity in clinical experience, and sound instruction in theory. To give the necessary variety of experience the hospital connected with the school should care for at least two hundred bed patients every day. In these schools are found the better prepared instructors, well equipped classrooms, reasonable hours of duty, good living conditions, and a well-organized health and recreational program.

In a state or country where nurses are registered it is important for the candidate to select a school approved by the State Education Department, or by some other body legally empowered to do so, in order that she may obtain professional recognition.



(Right to Left)

THE PRECLINICAL STUDENT, THE CLINICAL STUDENT
AND THE GRADUATE NURSE

